Dear Potential WUMC 2020 Virtual Son Run Participant

Thank you so much for considering running or walking in the 2020 WUMC Son Run to be held between 10 Oct and 18 Oct 2020.

Here are steps that you will need to follow to register and participate:

1. Register yourself and up to three other family members in the Google Form at https://forms.gle/m3KaY6wyUjzjbaV38 - use a second form for more than four family members.

2. Review this document explaining the 2020 Virtual Son Run

3. Pay your registration fee for your group (\$10/adult and \$5 per child) at http:// www.wrightsvilleumc.org/financial-giving/

4. Find sponsors for your run or walk - we encourage at least three sponsors. You will receive a sample letter to send to potential sponsors, if you choose to use it.
5. Run or Walk - AS MANY TIMES AS YOU WISH to accumulate your miles and take photos/

videos and send to <u>wumcsonrun2020@gmail.com</u>

6. Record your results in a Google Form at <u>https://forms.gle/ASjL6jiqSx3yXVVB6</u> and help your sponsors make their donation at <u>http://www.wrightsvilleumc.org/financial-giving/</u>

MORE DETAILS

This year we are doing a virtual Son Run - during a nine day period between 10 Oct and 18 Oct 2020 we invite you to run or walk AS OFTEN AS YOU WISH, where, when and however much you want -- just save this email which has a link for you to come back to record your completed accumulated distance(s) and time(s).

We will not be having tee shirts or ribbons etc. We invite you to get out your old (or oldest) Son Run shirt and wear it while participating. You are of course free to make your own limited edition 22nd Son Run shirt and wear it.

REGISTRATION FEE DETAILS

You will need to go to the WUMC website to pay your registration fee and/or make donations. The registration fee is \$10 per adult and \$5 per child (ages 12 and under). Payment is at the WUMC "Giving Page" at <u>http://www.wrightsvilleumc.org/financial-giving/</u> - then click on the red Giving button to open the "PushPay" page. Using the drop down in the "Fund" box to select "Son Run". "By check" payment information is also provided - please add Son Run to the memo line. If you have any questions, please email <u>wumcsonrun2020@gmail.com</u>

SPONSORS

We are not directly soliciting business sponsors this year because we recognize how many small businesses have been impacted by the CoVid 19 pandemic but would like all participants to have three people sponsoring them. We have provided an attached sample email for you to use when contacting sponsors including instructions on how they make their donation at WUMC Giving page.

RECIPIENT CHARITIES

The funds raised from the Son Run 2020 will be donated to:

Help Hub - a assistance program that is a combined effort among Wilmington churches to help those in financial distress (to read about Help Hub go to <u>http://</u><u>harrelsoncenter.org/help-hubcovid-19-resources</u>)

Leading Into New Communities (LINC) - a Wilmington based program to help those recently released from incarceration (to read about LINK go to <u>https://lincnc.org/</u>)

Methodist Home for Children - Founded in 1898 as a traditional campus-based orphanage, MHFC has evolved and expanded to serve children, adults and juvenile offenders. They believe that "Every child deserves a chance." (to read about Methodist Home for Children to go <u>https://www.mhfc.org/</u>)

PRIZES

This year we will be awarding prizes for a few different categories:

- Most interesting/unique run/walk location please take a picture and sent it to us at <u>wumcsonrun2020@gmail.com</u>
- Oldest Son Run shirt please take a picture and sent it to us at wumcsonrun2020@gmail.com
- Oldest participant/Youngest participant based on ages you provided in the registration.
- Most times participating in the Son Run based on you providing your participations number is the comment section of the registration form.
- Best Photo or Video

- Most mileage accumulated during the nine day period between 10 Oct and 18 Oct 2020 Prizes are gift certificates from Apple Annie's bakery.

PLEASE SEND US YOUR PHOTOS AND VIDEOS

Please email us photos or videos of your running/walking to use in our post event report about the Son Run and to document information for the various prize categories discussed above. We will be sharing photos on WUMC social media. Send email to <u>wumcsonrun2020@gmail.com</u>

RECORD YOUR RESULTS

After your running or walking is complete, but no later than 21 October 2020 please record your ACCUMULATED time and distance information by going to the following "2020 Post Son Run Results Form" Google Form:

https://forms.gle/hTDJF5EsXM9U3a3s9

This form mirrors the registration form but asks for your time and distance information.

Please send videos, photos or anything else of interest to wumcsonrun2020@gmail.com

Thanks and have fun when you walk or run.

P.S. DON'T FORGET TO TAKE AND SEND US YOUR PHOTOS AND VIDEOS. THANKS.