# Welcome

Welcome to the Wrightsville United Methodist Preschool. We are pleased and excited to be able to minister to your children at this delightful stage of development. Wrightsville United Methodist Preschool is a non-profit service and a ministry of the Church. Enrollment is open to all children who meet admission prerequisites and health policies and whose parents acknowledge and have an understanding of and agreement with the preschool philosophies, objectives and policies.

An experienced and loving staff have been selected who will plan fun, age-appropriate educational activities which will stimulate and encourage the natural growth and development of learning processes in your child. We encourage you to participate in this learning process by becoming involved parents. Thank you for letting us share this special time in your child's life.

#### Preschool Committee Members:

Mrs. Marie Cooke

Mrs. Jennifer Cowgill

Mrs. Ann Millard

Mrs. Beth Foster

Mrs. Nicole Roche

Mrs. Mary Beth Cowper

Mrs. Susan Snider

Mrs. Mary Grey Ham

Mrs. Deb Fauble

Mrs. Ruth Cotton

### Mission Statement

Wrightsville United Methodist Preschool was created to promote learning experiences for children of the church membership and the community in an environment which encourages a child to:

- · ask questions and explore the environment
- · develop security and independence in the world outside the home
- · make friends and learn to get along with other children and adults
- · discover he/she is valued and unique as a child of God

Our school is Christian-oriented as we stress those elements of the faith which are common to all Christians. We support the family structure and welcome parental involvement as part of the planning efforts to meet each child's needs. Our educational foundation is based on relating all of life's experiences to the presence of God in the world and the importance of incorporating Christian teachings into the decision making of every day life.

Our teachers are academically qualified, and work with each child and his parents to carry out these objectives in a responsible, loving approach. Each child is challenged with a balanced program of educational and social activities to promote development in an ageappropriate manner. We appreciate this opportunity to share in the growth and development of your preschooler.

Adopted 1996 Preschool est. 1996

# Admission Age and Class Placement Policy For Three to Five Year Olds

Children will be enrolled based on their age as of October 16 of the current school year. To enroll in the program children must be between the age of 3 years and 5 years of age. Preschool admission is based on a waiting list with priority being given to currently enrolled students, siblings of children in our program and members of our church family. Once these priorities are met, we offer the remaining spaces to children according to the date in which they were placed on the waiting list.

#### FEES, TUITION AND SCHEDULE

**REGISTRATION FEES**: \$75 registration fee per child (non-refundable)

\$135 for two children in the same family

PLUS a \$50 supply fee per child

Each child should have an information card and an insurance waiver. Parents are responsible for primary insurance coverage. While the church carries insurance, it is expected that health and accident insurance are the responsibility of the parent.

MONTHLY TUITION: \$180 per child - 3 day/week program

\$200 per child - 4 day/week program

\*\*\*TUITION IS TO BE PAID TO THE DIRECTOR ON THE FIRST AND NO LATER THAN THE SEVENTH OF EACH MONTH. A late fee of \$10 will be charged for payment after the seventh. Any returned checks will need to be paid in full in cash. Any bank chargeback fees will also be the responsibility of the person who wrote the returned check and will need to be paid in cash along with the tuition. A student's tuition must be paid in full for the previous month before the student may continue the following month.

Tuition is not based on attendance; therefore, no reduction can be made for holidays, vacations or time missed by students. Although you pay tuition on a monthly basis, this is a monthly installment towards the annual tuition. We do not adjust for the number of class days in the month. In case of an extended absence for any reason, tuition must be paid if the child's place is to be held. Notice of withdrawal from the program should be given as soon as it is known. Tuition paid for the month of withdrawal is not refundable.

#### **SCHEDULE:**

MON., TUES., THURS. 3 DAY A WEEK CLASSES 9:15 AM - 12:15 PM

MON., TUES., WED., THURS. - 4 DAY A WEEK CLASSES 9:15 AM - 12:20 PM

\*\*\*To ease congestion in the preschool hallways, please make an effort to pick up your child at the appropriate time. We will set our clocks to cell phone/ Weather Channel time. Please do not ask our staff to attend to children before 9:15 AM. Teachers will be in staff meetings or busy setting up the classrooms and preparing learning materials prior to that time. Pick up time is 12:15 or 12:20 (see above). A LATE

<u>FEE</u> of \$5.00 will be assessed if your child is not picked up by 12:30 or 1:30 on Lunch Bunch Days. This charge will be added to your next month's tuition fee. FOR INSURANCE PURPOSES AND LICENSING CRITERIA, WE MUST OPERATE FOR LESS THAN 4 HOURS. THIS PENALTY IS IMPOSED TO PREVENT INFRACTION OF THESE POLICIES.

# Thursday Lunch Bunch for Threes, Fours and Fives

A popular program we offer is "Thursday Lunch Bunch". We are happy to offer this service to you again this year. Lunch Bunch will be available for children to stay one additional hour on Thursdays and eat a bag lunch, which they have brought from home. After lunch, children will enjoy additional stories, play organized games and/or have additional outside time. Lunch Bunch pick up time is 1:15 for all classes. We will maintain a 6:1 child/staff ratio during this hour. The cost is \$5.00 per Lunch Bunch stay. Parents must sign up for desired dates PRIOR to the first Thursday in each month and include Lunch Bunch fees with their monthly tuition check. There are no refunds or credits for Lunch Bunch dates in which your child is signed up but does not attend. Lunch Bunch forms will be made available in your child's cubby attached to the monthly newsletter and also on the preschool bulletin board.

### Calendar and Dismissal

Wrightsville United Methodist Preschool will basically follow the New Hanover County School schedule with just a few exceptions (See Preschool Calendar Sheets.)

When county schools are closed due to severe weather, Wrightsville United Methodist Preschool will also be closed. When the county schools open late we will likely be closed for the day, but this will be left to the discretion of the preschool director. If the county schools close early, the preschool will also close at that time. Please listen to the radio or television for closing announcements. You will also receive notification by email from the director.

# Arrival and Departure Procedures

Please park in the covered parking lot on the north side of the church or in the gravel lots directly across the street from the church. <u>Please remember, we are absolutely not allowed to use The Landing parking lot for preschool pickup and drop off!</u>

Parents should escort children to their classroom door at 9:15. Please remind children to use "walking feet" and "inside voices" when entering and exiting the building. We want to be respectful of church staff working in their offices and Bible Study groups in the building. When departing at 12:15 or 12:20, please be sure to keep your child with you at all times and use extreme caution in our parking lots. Preschoolers must be accompanied by an adult when exiting the building. If your child is in a carpool, please leave a carpool list with the director. If your child is to be picked up by someone other than yourself, we must receive written or verbal permission by note or telephone.

# Safety and Health Issues

- . An up-to-date shot record is required of all children enrolled in our preschool. There are no exceptions. By the first day of attendance, children must have received all of the immunizations required for their age.
- Information about substances to which your child is allergic should be in writing on your child's health information sheet. Please report any changes or additions in writing.
- If your child needs to be excused from normal activity, we must have the information in writing.
- Children must be checked into their classrooms by an authorized person; i.e., Parent or person authorized on the child's information form. No child will be released to an unauthorized person. If someone other than the parent or regular carpool driver is to pick-up a student, written notice must be given. If this written notice cannot be given, then the parent must call the Director and give the name of the designated person.
  The Director may ask the designated person to provide positive identification.
- · If your child is going to be absent, please call the Preschool Director and let us know.
- · Please keep your child home if they are behaving in a symptomatic way (e.g., is lethargic or irritable), or has a yellow-green discharge from the nose.
- After an illness, it is our policy that a child shall be **fever free for 24 hours** before coming to preschool.
- Keep your child at home if they have a fresh cold, sore throat, ear ache, diarrhea, nausea or vomiting. Check with your physician before sending them to school with an unidentified rash.
- Please notify the school if your child has an unusual or infectious illness such as chicken pox, conjunctivitis (pink eye), hepatitis, meningitis, head lice, rubella, pin worms, etc. The school will notify you if at any time your child has been exposed to a communicable disease.
- Pick-up your child early if requested. Should they show symptoms of illness during class time, we will do all we can to make them comfortable and will keep them isolated. We will contact you or call the emergency number you have given.
- · This preschool program is not prepared to administer medication to any child.
- An accident report will be completed by the staff on each child who experiences "a significant injury" and this report will be shared with the parent.

### Parent Visitation

Parents are always welcome to visit Wrightsville United Methodist Preschool. We do request, however, that the children's routine not be disturbed by unscheduled conferences with their teacher. Conferences can be arranged at mutually convenient times outside of classroom hours.

## Parent/Teacher Conferences

Formal Parent/Teacher Conferences are scheduled in January and May for children in our three and four day a week programs. If a specific need or behavior needs to be addressed earlier, your child's teacher(s) will contact you. Likewise, you may schedule a time to discuss your child's progress with our staff at any point during the school year.

Changes at home often affect a child's behavior at school. Please share with us information which will make us more sensitive to your child's needs. Strict confidentiality will be maintained.

### Parent Involvement

The Staff strongly encourages parental involvement in the preschool. While we recognize the importance of a child's moving toward independence, there are many contributions parents can make in and out of the classroom.

Tasks a parent may perform include:

- 1. Preparation of crafts, assisting teachers with cutting, assembly or counting items.
- 2. Enlistment of community leaders and guests to enhance preschool curriculum.
- 3. Assisting with and attending our special events scheduled throughout the school year.
- 5. Participation in the "Letter of the Week" program.

Parent involvement of about one day each month is greatly appreciated.

### Snacks

We request all snacks be provided by the parents on a rotational basis. Throughout the year, individual weeks will be assigned by the classroom teacher. Special preference will be given to birthday children for the week of their birthday. We encourage you to include your child in the planning and preparation of snacks. If you wish, you may incorporate the Weekly Theme or "Letter of the Week" in the snacks you provide.

Please bring nutritious snacks such as fruit, vegetables cut into pieces, crackers, cheese, pretzels, yogurt, muffins, mini sandwiches, etc. <u>Drinks, napkins and cups will be provided by the preschool.</u> You will be notified at the beginning of the school year of any specific allergies in your child's class, so you can plan accordingly.

### Personal Items for Students

- Please do not send your child to school with toys and other items that are of special value to them or that are truly valuable or breakable. If your child has something to share with the class that is pertinent to a unit studied, please discuss with the teacher a suitable time to share. "Show and Tell" is a wonderful learning experience. If a child brings a toy which is unrelated to what we are doing in the classroom they will be asked to put it in their cubby, because we have so many other fun things planned!.
- Comfort toys such as bears, blankets and so forth, may be brought IF TRULY NEEDED. We cannot be responsible for these items if they get damaged or misplaced. Please be sure your child's name is attached.
- Make clothing as simple as possible so that your child can enjoy the independence of removing clothing without help. Your child will be happiest wearing comfortable play clothes and shoes. Sneakers or sandals which strap on, or other secure shoes are preferable to shoes such as slick bottomed boots, flip flops, Crocs, platform slip-ons or other open back shoes, which are unsafe on playground equipment. Safety at our school is a priority. PLEASE help your child make good choices when selecting footwear for the day.

When cool weather approaches, please make sure jackets are labeled.

• Each day your child should bring a bag or back pack containing a change of clothes to be used in case of spills or accidents. Don't forget socks! Be sure to include diapers/Pull-ups and wipes if needed.

# Discipline

We at Wrightsville United Methodist Preschool believe all children should be treated with love and respect. Corporal punishment is not allowed at any time. We find positive language administered with love and patience works as the best form of discipline.

# WRIGHTSVILLE UNITED METHODIST PRESCHOOL Daily Activities for Threes, Fours and Fives

#### School Arrival:

Welcome and Playtime

#### Morning Circle:

Hello Time-Calendar, Weather, Good Morning Song Bright Ideas-Theme Discussion, Letter of the Week, Group Language Activity

#### Learning Centers and Art Time:

Theme or letter related art activity
Table toys- puzzles, manipulatives, math readiness, play dough....
Kitchen/Family Center
Blocks and Trucks
Reading Center
Science and Nature/Discovery Center

#### Outside Time:

Running, climbing, jumping, riding, hiding, chasing, throwing, catching, kicking, laughing, skipping, dancing, digging, swinging, sharing, imagining, discovering, pretending ...........

Occasionally structured games will be played.

#### Snack Time:

Snacks are parent provided on a weekly basis for the entire class

#### Story Time:

Theme or "Letter of the Week" related stories Class favorites

#### Work Time:

Group Table Activity- Following Directions and/or Fine Motor Skill Development

#### Music and Movement Time:

Theme related songs and finger plays Musical Games Instruments Class favorites

#### Good-bye Time:

Review the day Upcoming events Good-bye song

<sup>\*\*\*</sup>Order of activities varies in each class.

#### WRIGHTSVILLE UNITED METHODIST PRESCHOOL MONTHLY THEMES FOR THREES, FOUR AND FIVE YEAR OLDS\*\*\*

September:

**School Orientation** 

All About Me

**Body Parts/Five Senses** Feelings/Emotions Family and Friends

March:

The Circus

Wild and Zoo Animals Rainbows and Shadows

Pets Easter

October:

Autumn Fire Safety

Mother Goose Land Classic Folk Tales Fall Fun/Halloween

April:

On the Farm

Spiders and Insects Plants and Gardening

Spring

November:

Good Health Habits/Nutrition

Doctor/Dentist

Manners Thanksgiving

May:

Mother's Day The Seashore

Summer/Father's Day

**School Closing** 

December:

Musical Instruments Jesus' Birthday/Christmas

January:

Winter

**Transportation Dinosaur Days** 

February:

**Community Workers** Phone Numbers and Addresses Valentine's Day **Teddy Bears** 

\*\*\*Teachers may make a few changes to the monthly themes to best meet the needs and interests of their class.



# **Developmental Milestones: Ages 3 through 5**

Since birth, you've watched your child grow and develop. You've noted his height and weight, when he crawled, stood, and walked, even when he spoke his first words — and perhaps compared all of these milestones of his infant and toddler years to the "norms." The preschool and early school years are also full of changes. From three to five your child's motor skills, <u>language</u>, thinking, and social development change dramatically.

Knowing what to expect as your child grows can reassure you that your child is on track with his peers or alert you to potential concerns. Below are some milestones to watch for during the preschool years.

Milestones: 3-Year-Olds

**Motor Development: Gross Motor Skills** 

- walks with an agile, almost adult style
- runs around obstacles
- catches large balls and throws overhead
- climbs ladders; uses slide independently
- rides a tricycle
- alternates feet when climbing stairs

Motor Development: Fine Motor Skills

- assembles simple puzzles
- manipulates clay; finger paints
- copies simple shapes, such as a cross or circle
- stacks blocks up to nine high

#### Language and Thinking Development

- understands most of what is said and 75 percent of speech is understandable
- speaks in complete sentences of three to five words
- matches pictures to objects
- learns by doing and through the senses
- understands concepts of "now," "soon," and "later"
- begins to recognize cause-and-effect relationships

#### **Social and Emotional Development**

- follows simple directions; enjoys helping with household tasks
- begins to recognize own limits asks for help
- likes to play alone, but near other children
- does not cooperate or share well
- able to make choices between two things
- begins to notice other people's moods and feelings

#### **Tips for Parenting 3-Year-Olds**

No longer a toddler, your 3-year-old takes in knowledge about himself and the world around him.

- Transitions are difficult at this age. Provide warning of changes so your child has time to shift gears: "We're leaving in 10 minutes."
- Rituals are important. Household routines and schedules give your 3-year-old a sense
  of security.
- Point out colors and numbers in the course of everyday conversation: "You're wearing your blue shirt" or "We made six cupcakes."
- Encourage independent activity to build self-reliance.
- Provide lots of sensory experiences for learning and developing coordination sand, mud, finger paints, puzzles.

Milestones: 4-Year-Olds

Motor Development: Gross Motor Skills

- running is more controlled; can start, stop, and turn
- turns somersaults; hops on one foot; gallops
- can easily catch, throw, and bounce a ball
- can brush teeth, comb hair, wash, and dress with little assistance

Motor Development: Fine Motor Skills

- copies crosses and squares
- prints some letters
- uses table utensils skillfully
- cuts on a line

**Language and Thinking Development** 

- uses a 1,500-word vocabulary; speaks in relatively complex sentences ("Mommy opened the door and the dog ran out.")
- understands words that relate one idea to another if, why, when
- continues to learn through experience and the senses
- understands, mostly, the difference between fantasy and reality
- understands number and space concepts more, less, bigger, in, under, behind
- thinks literally; starting to develop logical thinking
- begins to grasp that pictures and symbols can represent real objects
- starts to recognize patterns among objects round things, soft things, animals
- grasps the concepts of past, present, and future but does not understand the duration of time

#### Social and Emotional Development

- takes turns, shares, and cooperates
- expresses anger verbally rather than physically
- can feel jealousy
- may sometimes lie to protect herself, but understands the concept of lying
- enjoys pretending and has a vivid imagination

#### Tips for Parenting 4-Year-Olds

Silly, imaginative, and energetic, your child loves to try new words and new activities.

- 4-year-olds crave adult approval. Provide lots of positive encouragement.
- Display calendars and analog clocks to help your child visualize the concept of time.
- Play word games to develop his growing vocabulary; overlook his fascination with bad words.
- Offer opportunities for sorting, matching, counting, and comparing.
- Provide lots of play space and occasions to play with other kids.

#### Milestones: 5-Year-Olds

#### **Motor Development: Gross Motor Skills**

- runs in an adult manner
- walks on tiptoe, broad jumps
- walks on a balance beam
- skates and jumps rope

#### **Motor Development: Fine Motor Skills**

- hand preference is established
- laces (but cannot tie) shoes
- grasps pencil like an adult
- colors within lines
- cuts and pastes simple shapes

#### **Language and Thinking Development**

- speaks fluently; correctly uses plurals, pronouns, tenses
- very interested in words and language; seeks knowledge
- understands and names opposites
- uses complex language
- still confuses fantasy and reality at times
- thinking is still naïve; doesn't use adult logic

#### Social and Emotional Development

- distinguishes right from wrong, honest from dishonest, but does not recognize intent
- plays make-believe and dresses up
- mimics adults and seeks praise
- seeks to play rather than be alone; friends are important
- plays with both boys and girls but prefers the same sex
- wants to conform; may criticize those who do not

#### **Tips for Parenting 5-Year-Olds**

Your cooperative, easy-going 5-year-old loves to play and that's how he learns.

- Join in activities that develop coordination and balance skipping and hopping, walking on the curb or crack in the sidewalk, or climbing trees.
- Encourage fine motor skills by letting your child cut pictures out of magazines, string beads, or play with take-apart, put-together toys.
- Take advantage of his interest in numbers by counting anything and everything; teach simple addition and subtraction by using objects, not numerals.
- Let your child know what to expect from an upcoming event or activity so he can prepare. Avoid springing things on him.
- Help him recognize his emotions by using words to describe them: "I see you're angry at me right now."